

SELF-CONFIDENCE BUILDER

My name is _____ . I am _____ years old.

I like who I am because _____

People say I'm good at _____

Somewhere I feel happy is _____

When I'm here I feel good about _____

Something I really enjoy is _____

I really admire myself for _____

My future goals are _____

I know I can achieve them because I'm _____

I have a natural talent for _____

This is a picture of me doing what I enjoy most!

